

## Positive Alternatives 2016 - 17 Quarterly Update

Grantee (Name and city): Choices Pregnancy Center, Redwood Falls #285532

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**Goal: To provide pregnancy, parenting, and life skills education to pregnant and parenting women and their partners, and to make referrals to necessary services.**

For the period/quarter:

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Administrative Activities	To provide pregnancy, parenting, and life skills education to pregnant and parenting women and their partners, and to make referrals to necessary services		Completed reporting tasks and kept records of grant activity, provided training for staff at regular staff meetings, continued life-coach training of 2 staff.	
Outreach	To provide pregnancy, parenting, and life skills education to pregnant and parenting women and their partners, and to make referrals to necessary services		Use social media and website educational blog to promote the Earn While You Learn program and services of Choices Pregnancy Center. Continue professional connections through networking and referrals, child protection team and early childhood coalition.	
Crib Distribution/ Sleep Safety Education	Provide Sale Sleep lesson and ability to earn Pack 'n' Play or crib through Earn While You Learn program.	2	3 clients took safe sleep lessons and received a pack 'n' play. Pre and post-assessments are done to record hands-on learning for this lesson.	3

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<b>Fatherhood Programs</b>	Fathers (partners of mothers in Earn While You Learn) will be served through the Earn While You Learn program. Life coaching will also be provided to assist fathers in meeting their life goals.	15	Fathers were included in 26 lessons this quarter. Discipline, Love and Logic, Infant Temperament, and Milestones were some lesson topics.	26
<b>Life-Skills Education Program</b>	Provide individual sessions on relevant pregnancy and childbirth topics. Life coaching will also be provided to assist participants in meeting their pregnancy-related life goals. Participants earn "Baby Bucks" to spend on incentives in the Baby Buck Boutique.	5	6 Healthy Relationships lessons were given to help clients gain skills in this area of their lives.	6
<b>Nutrition</b>	Provide individual sessions on good nutrition during pregnancy, for breastfeeding, and during infancy. Participants earn Baby Bucks to spend on incentives in the Baby Buck Boutique.	5	Nutrition during pregnancy and toddler mealtime were topics covered.	2
<b>Parenting Education</b>	To provide pregnancy, parenting, and life skills education to pregnant and parenting women and their partners, and to make referrals to necessary services	35	65 parenting lessons were given this quarter. Lessons given included Love and Logic, Positive Discipline, Bedtime routines, and the Impact of Domestic Violence on Children, and many more.	65
<b>Pregnancy Education</b>	Provide individual sessions on relevant pregnancy and childbirth topics. Life coaching will also be provided to assist participants in meeting their pregnancy-related life goals. Participants earn "Baby Bucks" to spend on incentives in the Baby Buck Boutique.	22	Lessons on the details of each trimester, bonding with your unborn baby, and caring for yourself during pregnancy were all given this quarter. Pregnant clients were also parenting another child, so they sometimes chose parenting lessons instead of pregnancy lessons.	6

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	Bucks" to spend on incentives in the Baby Buck Boutique.			
<b>Provide Necessary Services to all clients</b>	<p>Provide intake assessment to determine need.</p> <p>Provide women with information on, referral to and assistance with securing pregnancy support services.</p> <p>Utilize resource database to provide information and make referrals</p>	8	<p>8 new clients were served in our Earn While You Learn program this quarter. Necessary service referrals continue as we meet on an ongoing basis with clients and new needs arise.</p>	8
<b>Provide Necessary Services Assessments Only</b>	<p>Provide intake assessment to determine need.</p> <p>Provide women with information on, referral to and assistance with securing pregnancy support services.</p> <p>Utilize resource database to provide information and make referrals</p>	1 - 2	<p>All new clients chose to participate in Earn While You Learn as well as receiving information and referrals.</p>	0
<b>Transportation</b>	<p>Provide intake assessment to determine need.</p> <p>Provide women with information on, referral to and</p>	6	<p>2 clients required transportation assistance this quarter and were given bus vouchers</p>	2

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	assistance with securing pregnancy support services. Utilize resource database to provide information and make referrals			

Maternal and Child Health Initiative Task Force Strategies	No.
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	0
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	0
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	12
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	0
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	4
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	3

**Challenges: Pregnancy Education** - Pregnant clients were also parenting another child, so they sometimes chose parenting lessons instead of pregnancy lessons. This number remains relatively low compared to most quarters. Higher numbers are reflected in the parenting lessons, however.

**Crib Distribution/ Sleep Safety Education** – One client took Safe Sleep lesson in December and earned a pack ‘n’ play in January, so it appears that one client was not required to take the Safe Sleep lesson (but this is not the case).

**Comments:**